



## Pool Safety Checklist

### TIPS FOR PARENTS

- Watch kids when they are in or around water, without being distracted.** Keep young children within arm's reach of an adult. Make sure older children swim with a partner every time.
- Teach children how to swim.** Every child is different, so enroll children in swim lessons when they are ready. Consider their age, development and how often they are around water.
- Make sure kids know how to swim and learn these five water survival skills:**
  1. Step or jump into water over their head and return to the surface.
  2. Float or tread water for one minute.
  3. Turn around in a full circle and find an exit.
  4. Swim 25 yards to exit the water.
  5. Exit the water. If in a pool, be able to exit without using the ladder.
- Install fences around home pools.** A pool fence should surround all sides of the pool and be at least four feet tall with self-closing and self-latching gates.
- Empty kids' pools after each use.** Store them upside down so they do not collect water.
- Know what to do in an emergency.** Learning CPR and basic water rescue skills may help you save a child's life.

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