

1.35 Million

Number of children seen in emergency departments with sports-related injuries in 2012



Common Injuries

- Head 14%
- Face 7%
- Finger 12%
- Knee 9%
- Ankle 15%



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Girls are eight times more likely to have an ACL injury than boys.

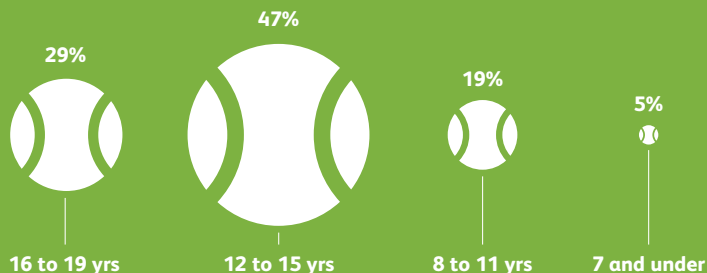


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Every 3 minutes, a child is seen in an ED for a sports-related concussion.

47%

Almost half of youth sports-related concussions occur in children ages 12 to 15 years old.² Younger children take longer to recover from concussions than older children.



Common Diagnoses

Most common diagnoses seen in emergency departments for sports-related injuries

Strains and sprains
451,480



Fractures
249,500



Contusions and abrasions
210,640



Concussions
163,670



Injuries by Sport

For athletes ages 12 to 17 years, 2011

Sport	Number of players	Number of injuries	% of injuries that are concussions
Basketball	26,095,000	249,650	7%
Soccer	13,941,000	104,190	13%
Baseball	12,292,000	61,510	11%
Softball	10,383,000	39,070	11%
Volleyball	10,075,000	31,460	6%
Football	9,034,000	275,050	13%
Wrestling	3,217,000	33,790	14%
Cheerleading	3,053,000	28,890	12%
Ice hockey	2,996,000	9,540	31%

To learn more about youth sports safety, visit www.safekids.org

