

Little Kids Safety

High 5

a safety checklist



Children ages 1 – 4

- Put all medicine and vitamins up and away and out of sight, even medicine you take every day.
- Secure approved safety gates at the top and bottom of stairs.
- Cut food for toddlers into pieces no larger than one half inch. Avoid giving children under 4 foods such as grapes, hot dogs, popcorn or chunks of cheese.
- Mount flat panel TVs to the wall. Be sure to place heavier, box-style TVs on low, stable pieces of furniture.
- Check to make sure your car seat is still right for your growing child. The label on your car seat will help determine if it is the right seat for your child's age, weight, height and development.

Use #myhigh5 to let us know when you've finished!

