Learn the hand signals that should be used to alert drivers and fellow wheeled sport riders of your actions:

**Left Turn**
Extend your left arm out straight from your side.

**Right Turn**
Extend your left arm out from your side, bent at a 90-degree angle at the elbow, hand pointing upward and the palm of your hand facing forward.

Another option is to put your right arm straight out from your side.

**Stopping or slowing**
Extend your left arm out from your side, bent at a 90-degree angle at the elbow, hand pointing downward and the palm of your hand facing backward.